



UNIQUE FOOD SUPPLEMENTS



VEGAN



LACTOSE FREE



GLUTEN FREE



GMO FREE



SUGAR FREE



LEGEND

Active ingredients in our products:



PRODUCT CONTAINING ONLY ONE ACTIVE SUBSTANCE



PRODUCT CONTAINING 2 ACTIVE SUBSTANCES



FULL-FEATURED PRODUCT CONTAINING 3
OR MORE ACTIVE SUBSTANCES



VEGAN



LACTOSE FREE



GLUTEN FREE



GMO FREE



SUGAR FREE



HIGHLY FUNCTIONAL VITAMINS FOR YOUR HEALTH

Our philosophy of producing unique products is based on the research and recommendations of Adelle Davis – the visionary and pioneer and one of the most respected authors of books in the field of healthy nutrition. She lived in America from 1904 to 1974 and entered the world history of healthy eating as a passionate supporter of health improvement through a healthy and balanced diet. She was the author of the first nutrition textbook, published in 1942, as well as 4 other books presenting extremely valuable information that still apply today. More than 10 million copies of Adelle Davis' books on healthy eating have been sold worldwide.

We can build on the foundations laid by Adelle Davis in the previous century and, just like her, we believe that health can be shaped and influenced through our nutrition. As food is currently processed industrially to a large extent, it is hardly possible to get enough vitamins, minerals or antioxidants from the diet alone. Therefore, in 2015 we decided to start producing highly functional and easily absorbed liposomal vitamins. The popular Liposomal Vitamin C immediately became our flagship.

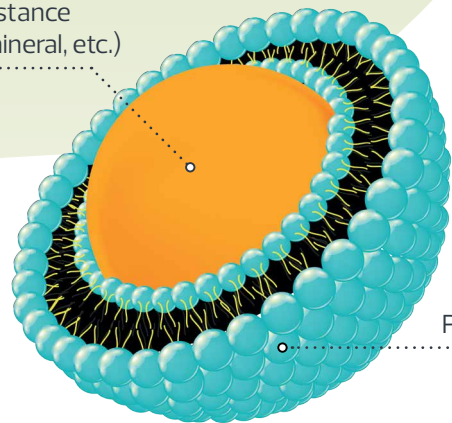
In 2018 our company received the official Adelle Davis mark, which is recognised worldwide. Since then, more than 30 products have been added to our portfolio and you can find them in this catalogue, too. We produce our products under strict certified laboratory conditions from ingredients containing sufficient amounts of biologically active substances. We prefer ingredients from Germany, Norway or the USA. Besides Slovakia, we sell our products throughout the whole of Europe and we are happy about the results enjoyed by our regular customers thanks to our products. Our goal is to bring highly functional and easily absorbed vitamins and minerals to people to help them support their healthy lifestyle full of physical activity and a well-balanced diet.

Juraj Šembera, CEO

LIPOSOMAL FORM

Liposomes are particles consisting of the active substance coated with phospholipid double layer. The active substance of the supplement is a vitamin, mineral, antioxidant, amino acid or other substance that is suitable supplement with food. Phospholipids are natural part of cell membranes and so on consumption helps regeneration cell structures. A source of phospholipids for production of liposomal forms of supplements is lecithin, in the case of Adelle Davis specifically sunflower lecithin.

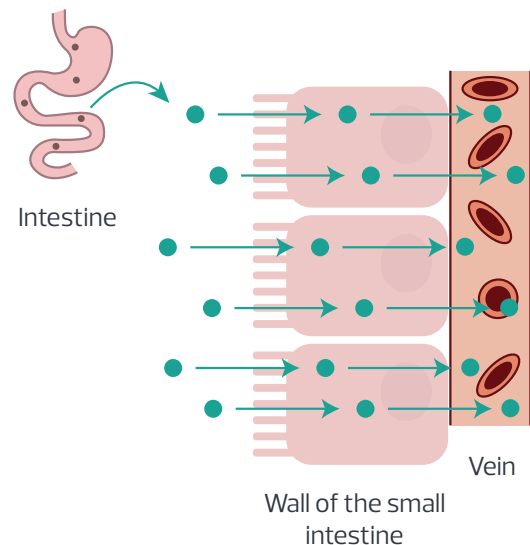
Active substance
(vitamin, mineral, etc.)



Phospholipids

LIPOSOM

Phospholipids, as the outer part of the liposome, they protect the active substance from the influence of digestive enzymes and acids in the stomach. Thanks to this, to the wall of the small intestine receives, compared to classical forms nutritional supplements, a larger amount active substances. Thanks to the structure phospholipids, which is natural to the body, easy transfer of liposomes occurs from the intestine through the bloodstream to the cells, where release of active substances takes place.



Unlike conventional forms, the liposomal form has up to 5 times higher absorbability.
For comparison – there are the following basic forms:

capsules, tablets, powder form

20%



absorbability to 20%

injection forms

70%



absorbability approximately 70%

liposomal form

90%



absorbability more than 90%



LIPOSOMAL VITAMIN C

LIQUID 200 ML



Vitamin C significantly supports resistance against infections, helps to heal wounds and maintains the flexibility of blood vessel walls. It is a necessary part of the collagen formation process and it is also involved in the formation of bones, teeth and cartilage. Low vitamin C levels cause exhaustion, swelling and bleeding of gums, loss of teeth and hair, dry skin, joint pain, as well as bruising and rupturing of small subcutaneous vessels, a slower metabolism and bad iron absorption.

Active substance: L- ascorbic acid

Contents: 200 ml / 20 daily servings

In one serving: Vitamin C 1000 mg

Best before: 12 months from date of manufacture



LIPOSOMAL VITAMIN C JUNIOR

LIQUID 100 ML



Vitamin C contributes to the proper functioning of the immune system and to the protection of cells from oxidative stress. It contributes to the proper functioning of the nervous system and to the proper metabolism important for energy production. It also contributes to the proper function of blood vessels, skin, bones and teeth.

Active substance: L- ascorbic acid

Contents: 100 ml / 33 daily servings

In one serving: Vitamin C 70 mg

Best before: 12 months from date of manufacture



LIPOSOMAL MAGNESIUM WITH VITAMIN B6

LIQUID 200 ML



The combination of magnesium and vitamin B6 in liposomal form is a unique product on the market that ensures the transfer of both substances directly into the cells. They fight against muscle cramps, release nerve and muscle tension and have a relaxing effect. Magnesium contributes to proper functioning of the nervous system and psyche and contributes to proper metabolism important for energy production and can reduce exhaustion and fatigue. Vitamin B6 contributes to proper function of the immune system and proper production of red blood cells.

Active substance: Magnesium citrate, vitamin B6

Contents: 200 ml / 20 daily servings

In one serving: Magnesium 200 mg, vitamin B6 20 mg

Best before: 12 months from date of manufacture



LIPOSOMAL ZINC ^{WITH VITAMIN C}

LIQUID 200 ML



Zinc is an important trace element involved in the metabolism of carbohydrates, proteins, fatty acids. Low zinc levels can cause diabetes, impaired vision, skin diseases, hair loss, broken nails, impaired reproductive capacity, prostate enlargement, sterility, delayed puberty and irregular menstruation. In combination with the vitamin C in our product it is an important immunity booster especially during viral or bacterial infections.

- Active substance:** Zinc gluconate, L-ascorbic acid
Contents: 200 ml / 20 daily servings
In one serving: Zinc 15 mg, vitamin C 1000 mg
Best before: 12 months from date of manufacture



LIPOSOMAL IRON ^{WITH VITAMIN C}

LIQUID 200 ML



The primary role of iron is its presence in haemoglobin. Haemoglobin binds oxygen. Red blood cells then transport it to the body's cells. It ensures the normal functioning of the thyroid gland, brain and immune system. Iron deficiency causes, for example, physical weakness, hair loss, brittle nails, weakened bones, weight gain, inflammation, the feeling of difficulty to swallow, fatigue, dizziness and shortness of breath. In combination with vitamin C, iron has a profound effect on anaemia and the proper functioning of red blood cells.

- Active substance:** Ferrous gluconate, L-ascorbic acid
Contents: 200 ml / 20 daily servings
In one serving: Iron 14 mg, vitamin C 500 mg
Best before: 12 months from date of manufacture



LIPOSOMAL VITAMIN D3

LIQUID 200 ML



Vitamin D3 is involved in the absorption of calcium and phosphorus. It helps regulate the correct level of calcium in the blood and thus the process of muscle contractions. It promotes healthy sleep and helps to calm nerves, thus reducing sensitivity to pain. Deficiency causes fatigue, loss of appetite, irritability and increased susceptibility to infectious diseases.

- Active substance:** Cholecalciferol
Contents: 200 ml / 40 daily servings
In one serving: Vitamin D3 50 mcg / 2 000 IU
Best before: 12 months from date of manufacture



LIPOSOMAL B-COMPLEX FORTE

APRICOT FLAVOR | LIQUID 200 ML



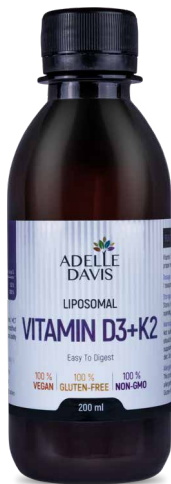
The liposomal complex of 9 B group vitamins, including B12 and folic acid, gives you energy, ensure proper metabolic function and support performance. The extended complex is complemented by choline and inositol, which improve sleep quality and lower cholesterol and blood pressure.

Active substance: Thiamine mononitrate, riboflavin, nicotinamide, calcium pantothenate, pyridoxine hydrochloride, D-biotin, calcium L-5-methyltetrahydrofolate, cyanocobalamin, para-aminobenzoic acid, L-choline bitartrate, inositol

Contents: 200 ml / 20 daily servings

In one serving: Vitamin B1 (thiamine) 20 mg, vitamin B2 (riboflavin) 20 mg, vitamin B3 (nicotinamide) 20 mg, vitamin B5 (pantothenic acid) 20 mg, vitamin B6 (pyridoxine) 20 mg, vitamin B7 (biotin) 20 mcg, vitamin B8 (inositol) 20 mg, vitamin B9 (folic acid) 200 mcg, vitamin B10 (PABA) 20 mg, vitamin B12 (cyanocobalamin) 20 mcg, choline 20 mg

Best before: 12 months from date of manufacture



LIPOSOMAL VITAMIN D3 + K2

LIQUID 200 ML



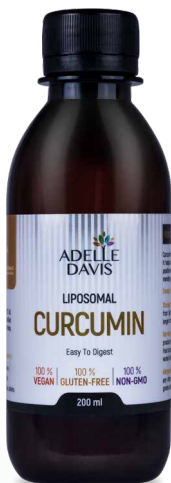
Both D3 and K2 are fat soluble. K2 is involved in calcium absorption by scavenging and binding free calcium from the intercellular area. It is also involved in proper liver function and proper blood coagulation. Deficiency causes frequent nosebleeds, heavy menstrual bleeding, increased susceptibility to bruising and the associated rupture of thin subcutaneous vessels.

Active substance: Cholecalciferol, menaquinone (MK7)

Contents: 200 ml / 40 daily servings

In one serving: Vitamin K2 100 mcg, vitamin D3 50 mcg / 2 000 IU

Best before: 12 months from date of manufacture



LIPOSOMAL CURCUMIN

LIQUID 200 ML



Curcumin obtained from the plant Curcuma Longa has anti-inflammatory and antioxidizing effects. It is beneficial for inflammatory joint pain, relieves joint swelling and thus improves mobility. It contributes to relieving the symptoms of rheumatoid arthritis and has a positive effect on digestion.

Active substance: Curcuma longa extract

Contents: 200 ml / 20 daily servings

In one serving: Curcumin 300 mg

Best before: 12 months from date of manufacture



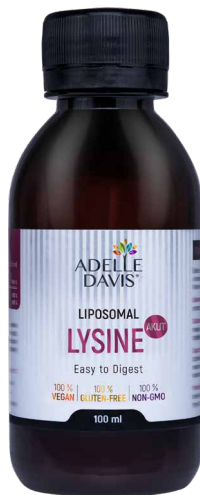
LIPOSOMAL GLUTATHIONE

LIQUID 200 ML



Glutathione is one of the strongest antioxidants. The body can make it only in limited quantities. If we are exposed to a toxic environment, poor lifestyle or excessive stress, the body needs more of it. It protects cells from damage and destruction by binding harmful substances by its sulphur component and then draining them out of the body through bile and stool.

- Active substance:** L-glutathione
Contents: 200 ml / 20 daily servings
In one serving: Glutathione 500 mg
Best before: 12 months from date of manufacture



LIPOSOMAL LYSINE AKUT

BANANA FLAVOR | LIQUID 100 ML



Lysine is an essential amino acid that supports collagen production in the skin. It is an important building block of proteins, hormones, enzymes, antibodies and cells involved in the body's immune system. It supports calcium absorption, bone and muscle building, facilitates digestion and speeds up the recovery process.

- Active substance:** L-lysine hydrochloride
Contents: 100 ml / 10 daily servings
In one serving: L-lysine 1000 mg
Best before: 12 months from date of manufacture



LIPOSOMAL MAGNESIUM SHOT

LIQUID 25 ML, 20 PCS PACKAGE



Magnesium in liposomal form is a unique product on the market that ensures the transfer of magnesium directly into the cells. It fights against muscle cramps, releases nerve and muscle tension and has a relaxing effect. Magnesium contributes to proper functioning of the nervous system and psyche and contributes to proper metabolism important for energy production and can reduce exhaustion and fatigue.

- Active substance:** Magnesium citrate
Contents: 20 x 25 ml / 20 daily servings
In one serving: Magnesium 375 mg
Best before: 12 months from date of manufacture



CONDROCOMPLEX

LIQUID 1000 ML



Liposomal nutritional supplement containing glucosamine sulfate, chondroitin sulfate, hyaluronic acid and MSM in liquid liposomal form. Glucosamine sulfate, chondroitin sulfate and hyaluronic acid are a natural part of the intercellular mass of cartilage, which contributes to the protection of the joint from wear and tear – MSM (methylsulfonylmethane) contributes to the reduction of inflammation – vitamin E contributes to the protection of cells from oxidative stress.



Active substance: Glucosamine sulfate, chondroitin sulfate, hyaluronic acid, MSM, vitamin E

Contents: 1000 ml / 33 daily servings

In one serving: Glucosamine sulfate 1000 mg, Chondroitin sulfate 700 mg, MSM 500 mg, Vitamin E 2.42 mg, Hyaluronic acid 80 mg

Best before: 12 months from date of manufacture

LIPOSOMAL VITAMIN C JUNIOR

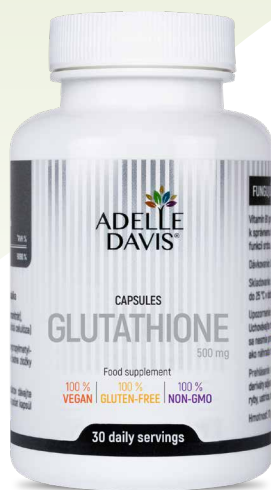
Nutritional supplement in liposomal form, which has the highest absorbency vitamin C from other forms. Product is adapted to the preferences of children and is flavored with stevia and natural fruit aroma. The package includes a practical dispenser.

It contains vitamin C in acid form L-ascorbic and sodium ascorbate, also contains sunflower lecithin phospholipids.



www.adelledavis.com

CAPSULE / TABLET FORM

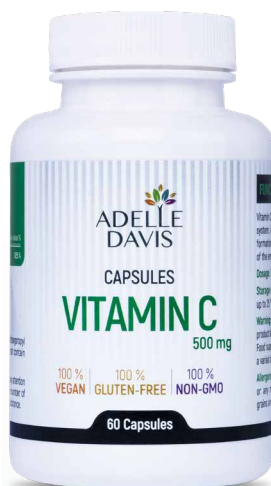


GLUTATHIONE 60 CAPSULES



Glutathione is one of the strongest antioxidants. The body can make it only in limited quantities. If we are exposed to a toxic environment, poor lifestyle or excessive stress, the body needs more of it. It protects cells from damage and destruction by binding harmful substances by its sulphur component and then draining them out of the body through bile and stool.

- Active substance:** L- glutathione
Contents: 60 capsules / 30 daily servings
In one serving: Glutathione 500mg
Best before: 24 months from date of manufacture

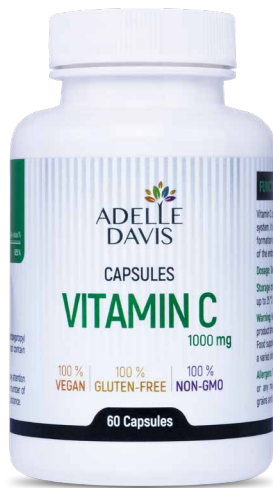


VITAMIN C 500 MG 60 CAPSULES



Vitamin C significantly supports resistance against infections, helps to heal wounds and maintains the flexibility of blood vessel walls. It is a necessary part of the collagen formation process and it is also involved in the formation of bones, teeth and cartilage. Low vitamin C levels cause exhaustion, swelling and bleeding of gums, loss of teeth and hair, dry skin, joint pain, as well as bruising and rupturing of small subcutaneous vessels, a slower metabolism and bad iron absorption.

- Active substance:** L-ascorbic acid
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin C 500 mg
Best before: 24 months from date of manufacture



VITAMIN C 1000 MG

60 CAPSULES



Vitamin C significantly supports resistance against infections, helps to heal wounds and maintains the flexibility of blood vessel walls. It is a necessary part of the collagen formation process and it is also involved in the formation of bones, teeth and cartilage. Low vitamin C levels cause exhaustion, swelling and bleeding of gums, loss of teeth and hair, dry skin, joint pain, as well as bruising and rupturing of small subcutaneous vessels, a slower metabolism and bad iron absorption.

Active substance: L-ascorbic acid

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin C 1000 mg

Best before: 24 months from date of manufacture



MAGNESIUM + B6

100 CAPSULES



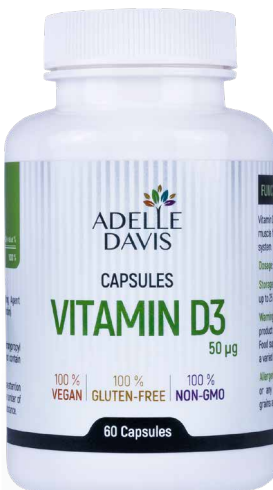
The combination of magnesium and vitamin B6 is essential for their proper utilization by the body. They fight muscle cramps and relieve nervous and muscle tension – they have a relaxing effect. They maintain healthy bones and teeth, reduce exhaustion and fatigue, regulate the functioning of the nervous system, immune system, metabolism and muscle function.

Active substance: Magnesium citrate, pyridoxine hydrochloride

Contents: 100 capsules / 50 daily servings

In one serving: Magnesium 200 mg, vitamin B6 40 mg

Best before: 24 months from date of manufacture



VITAMIN D3

60 CAPSULES



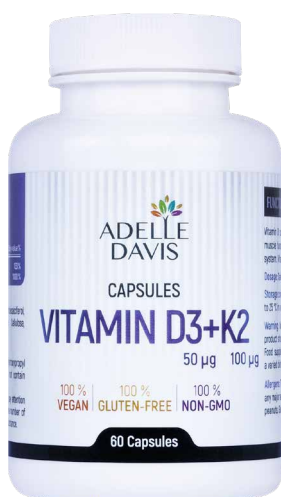
Vitamin D3 is involved in the absorption of calcium and phosphorus. It helps to regulate the correct level of calcium in the blood and thus the process of muscle contractions. It supports healthy sleep and helps to calm nerves, thus reducing sensitivity to pain. Deficiency causes fatigue, loss of appetite, irritability and increased susceptibility to infectious diseases.

Active substance: Cholecalciferol

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin D3 50 mcg / 2 000 IU

Best before: 24 months from date of manufacture



VITAMIN D3 + K2

60 CAPSULES



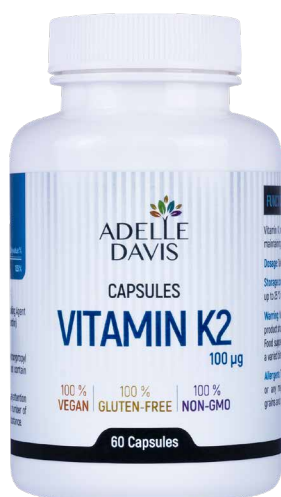
Vitamin D3 is involved in the absorption of calcium and phosphorus. It helps to regulate the correct level of calcium in the blood and thus the process of muscle contractions. It promotes healthy sleep and helps to calm nerves, thus reducing sensitivity to pain. K2 is involved in calcium absorption by scavenging and binding free calcium from the intercellular area. It is also involved in proper liver function and correct blood coagulation.

Active substance: Vitamin D3 (cholecalciferol), vitamin K2 (MK-7 menaquinone)

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin K2 100 mcg, vitamin D3 50 mcg / 2 000 IU

Best before: 24 months from date of manufacture



VITAMIN K2

60 CAPSULES



K2 is involved in calcium absorption by scavenging and binding free calcium from the intercellular area. It is also involved in proper liver function and correct blood coagulation. A deficiency causes frequent nosebleeds, heavy menstrual bleeding, increased susceptibility to bruising and the associated rupturing of thin subcutaneous vessels.

Active substance: Vitamin K2 (MK-7 menaquinone)

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin K2 100 mcg

Best before: 24 months from date of manufacture



BETACAROTENE

60 CAPSULES



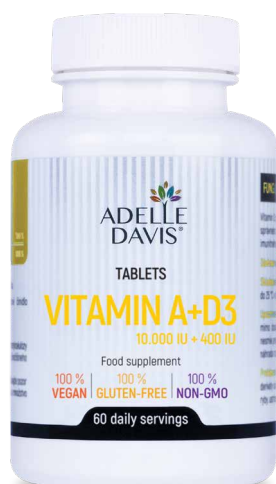
Betacarotene is a provitamin of vitamin A in the body, the provitamin is converted into a vitamin. Vitamin A contributes to the maintenance of good vision and healthy skin. It also contributes to proper metabolism and proper functioning of the immune system. It helps relieve eye-strain. It is suitable for people who spend a lot of time in front of a screen and in other jobs that strain the eyes.

Active substance: Betacarotene

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin A 25 000 IU

Best before: 18 months from date of manufacture



VITAMIN A + D3

60 TABLETS



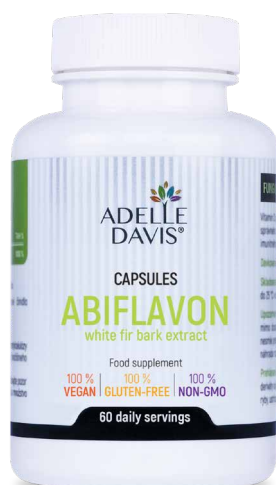
Vitamin A contributes to the maintenance of good vision and healthy skin. It also contributes to proper metabolism. Vitamin D maintains healthy teeth and bones and proper muscle function. Vitamins A and D contribute to proper functioning of the immune system. Long-term vitamin D deficiency has been shown to be associated with a higher susceptibility to so-called acute respiratory infections and influenza.

Active substance: Retinyl acetate, cholecalciferol

Contents: 60 tablets / 60 daily servings

In one serving: Vitamin A 3 mg (10 000 IU), vitamin D3 10 mcg (400 IU)

Best before: 18 months from date of manufacture



ABIFLAVON

60 CAPSULES



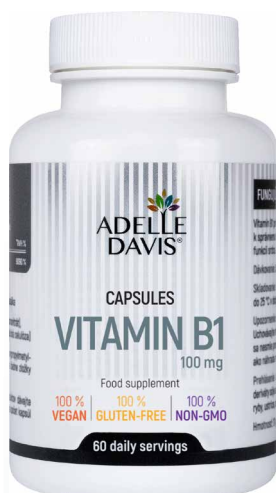
Natural extract from the bark of white fir. It contains polyphenols, which are effective antioxidants. So it is a natural antioxidant. It has anti-inflammatory effects, contributes to the normal level of cholesterol and sugar in the blood, to the maintenance of healthy and flexible skin, to the normal functioning of the muscles and to the proper function of the immune system.

Active substance: A natural mixture of polyphenols

Contents: 60 capsules / 60 daily servings

In one serving: White fir bark extract 200mg

Best before: 24 months from date of manufacture



VITAMIN B1 THIAMINE

60 CAPSULES



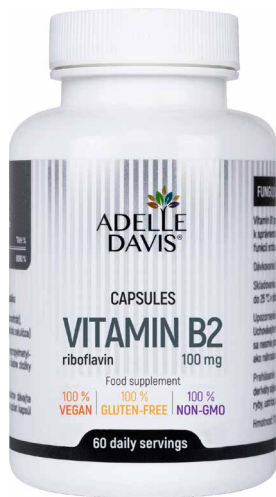
Vitamin B1 is one of the essential B group vitamins, mainly needed for the proper functioning of the nervous system, heart, kidneys and digestive system. It has a significant effect on energy metabolism in cells. Vitamin B1 deficiency manifests as weakened heart function, rapid weight loss, short-term memory impairment and muscle weakness.

Active substance: Thiamine mononitrate

Contents: 60 capsules / 60 daily servings

In one serving: Vitamin B1 100 mg

Best before: 24 months from date of manufacture



VITAMIN B2 RIBOFLAVIN

60 CAPSULES



Vitamin B2 – Riboflavin is yellow to orange-yellow in colour and, in cooperation with enzymes, is involved in the nutrient transformation and the acquisition of energy for cells. Deficiency manifests as painful, inflamed corners of the mouth, disorders of the oral mucosa, nail deformities and eye problems. Vitamin B2 is important in iron absorption and even a mild deficiency can cause anaemia. It contributes to the maintenance of good vision, healthy skin and mucous membranes.

- Active substance:** Riboflavin
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin B2 100 mg
Best before: 24 months from date of manufacture



VITAMIN B3 NIACINAMIDE

60 CAPSULES



Vitamin B3 contributes to a proper energy-yielding metabolism, proper functioning of the nervous system and mental function. It reduces exhaustion and fatigue and maintains healthy mucous membranes and skin. Its deficiency manifests as fatigue, depression, inflammation of the skin and anaemia.

- Active substance:** Niacinamide
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin B3 400 mg
Best before: 24 months from date of manufacture



VITAMIN B5 PANTOTHENIC ACID

60 CAPSULES



Vitamin B5 – pantothenic acid is a water-soluble B group vitamin and is essential for life. It is involved in the accumulation and breakdown of carbohydrates, fats and the synthesis of cholesterol, which is needed for the production of steroid hormones. It contributes to a proper energy-yielding metabolism, reduction of exhaustion and fatigue and the proper synthesis of steroid hormones, vitamin D and certain neurotransmitters.

- Active substance:** Calcium pantothenate
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin B5 100 mg
Best before: 24 months from date of manufacture



VITAMIN B6 PYRIDOXINE

60 CAPSULES

Vitamin B6 – pyridoxine is a water-soluble B group vitamin and plays an important role in red blood cell metabolism, growth and skeletal development. It contributes to the proper functioning of the immune system and nervous system and the regulation of hormonal activity. Its deficiency manifests as immune system disorders, growth problems and muscle involvement.

- Active substance:** Pyridoxine hydrochloride
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin B6 50 mg
Best before: 24 months from date of manufacture



VITAMIN B12 CYANOCOBALAMIN

60 CAPSULES



Vitamin B12 is only found in animal foods and is essential for vegans to supplement their diet. It is important for the proper functioning of the nervous system, contributes to an energy-yielding metabolism and proper functioning of the immune and nervous systems. Vitamin B12 also reduces fatigue and exhaustion.

- Active substance:** Cyanocobalamin
Contents: 60 capsules / 60 daily servings
In one serving: Vitamin B12 500 µg
Best before: 24 months from date of manufacture



IODINE

100 CAPSULES



Iodine in capsules by Adelle Davis is a plant-based and natural alternative for replenishing a much-needed mineral. It consists of the seaweed Bubble Kelp, which is rich in vitamins and minerals. It supports healthy skin and the proper functioning of the thyroid gland, metabolism, nervous system and cognition. Lower iodine levels can result in both, decreased performance and fatigue, as well as feeling hungry or having cold hands and feet, a decreased sex drive, breast pain, dry skin and low blood pressure.

- Active substance:** Kelp seaweed
Contents: 100 capsules / 100 daily servings
In one serving: Iodine 150 mcg
Best before: 24 months from date of manufacture



MULTIMINERAL + CHELATES

100 TABLETS



The optimal ratio of minerals and trace elements that the body needs. The right complex of these substances contributes to ensuring the functioning of important processes in the body, such as digestion, blood circulation and the nervous system. They will support your physical and mental well-being and resistance to disease.

Active substance: Calcium carbonate, magnesium oxide, ferrous fumarate, zinc citrate, copper glycinate, manganese glycinate, potassium gluconate, potassium iodide, sodium selenite, chromium picolinate, boric acid, sodium molybdate

Contents: 100 tablets / 50 daily servings

In one serving: Calcium 500 mg, magnesium 250 mg, iron 18 mg, zinc 15 mg, copper 2 mg, manganese 4 mg, potassium 45 mg, iodine 225 mcg, selenium 25 mcg

Best before: 24 months from date of manufacture



SELENIUM

60 CAPSULES



Selenium ensures proper functioning of the liver and production of hormones. It is involved in antioxidant processes, where it slows down the breakdown of red blood cells and protects cells from free radicals damage. Selenium deficiency deteriorates liver function, which is shown in poor nail, hair and skin quality.

Active substance: L-selenomethionine

Contents: 60 capsules / 60 daily servings

In one serving: Selenium 200 mcg

Best before: 24 months from date of manufacture



IRON

60 CAPSULES



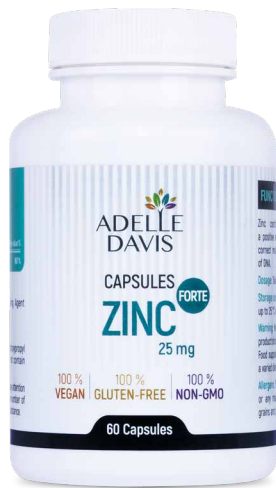
The primary role of iron is its presence in haemoglobin. Haemoglobin binds oxygen. Red blood cells then transport it to the body's cells. It ensures the normal functioning of the thyroid gland, brain and immune system. Iron deficiency causes, for example, physical weakness, hair loss, brittle nails, weakened bones, weight gain, inflammation, a feeling of difficulty swallowing, fatigue, dizziness and shortness of breath.

Active substance: Ferrous gluconate

Contents: 60 capsules / 60 daily servings

In one serving: Iron 14 mg

Best before: 24 months from date of manufacture



ZINC FORTE

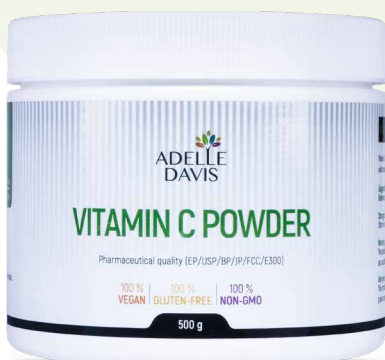
60 CAPSULES



Zinc is an important trace element involved in the metabolism of carbohydrates, proteins and fatty acids. Low zinc levels can cause diabetes, impaired vision, skin diseases, hair loss, broken nails, impaired reproductive capacity, prostate enlargement, sterility, delayed puberty and irregular menstruation. It is an important immunity booster especially during viral or bacterial infections.

- Active substance:** Zinc gluconate
Contents: 60 capsules / 60 daily servings
In one serving: Zinc 25 mg
Best before: 24 months from date of manufacture

POWDER FORM



VITAMIN C

POWDER 100 G / 500 G / 1000 G



Vitamin C significantly supports resistance against infections, helps to heal wounds and maintain the flexibility of blood vessel walls. It is necessary in the process of collagen formation and it is also involved in the formation of bones, teeth and cartilage. A low vitamin C level causes exhaustion, swelling and bleeding of gums, loss of teeth and hair, dry skin, joint pain, as well as bruising and rupturing of small subcutaneous vessels, a slower metabolism and bad iron absorption.

- Active substance:** L-ascorbic acid
Contents: 100 g / 100 daily servings, 500 g / 500 daily servings, 1000 g / 1000 daily servings
In one serving: Vitamin C 1000 mg
Best before: 24 months from date of manufacture



BEAUTY COLLAGEN

LEMON FLAVOR | POWDER 190 G



In Adelle Davis Beauty collagen we use hydrolysed collagen peptides of the highest quality from France. Out of all collagen peptides, the marine ones can be utilised best by a human body and they bring benefits to hair, nails and skin. We are talking about bioactive hydrolysed marine collagen. Quality is of our primary interest, however the quantities of active ingredients are important too, so we added 150,000 mg of collagen into the Beauty Collagen, the effects of which are based on a clinical study.

- Active substance:** Hydrolysed fish collagen, L-ascorbic acid, zinc gluconate, sodium hyaluronate
- Contents:** 190 g / 30 daily servings
- In one serving:** Bioactive collagen fish peptides 5000 mg, vitamin C 1000 mg, zinc 10 mg, hyaluronic acid 80 mg
- Best before:** 24 months from date of manufacture



JOINT COLLAGEN

PEACH FLAVOR | POWDER 257 G



Proteins are the basic building material of the human body. About one quarter of the body's protein is collagen. So it's extremely important for us. Furthermore, as we age we produce less collagen than we need. Especially, women can lose up to 30 % of their collagen after menopause. Therefore, it is necessary to supply collagen in the form of supplements.

- Active substance:** Hydrolysed collagen peptides, glucosamine sulphate, MSM (methylsulphonyl-methane), chondroitin sulphate, sodium hyaluronate, L-ascorbic acid, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, folic acid, cholecalciferol, aquamin Mg soluble.
- Contents:** 257 g / 20 daily servings
- In one serving:** Hydrolysed collagen peptides 7500 mg, glucosamine sulphate 1200 mg, MSM (methylsulphonylmethane) 900 mg, vitamin C 500 mg, chondroitin sulphate 400 mg, calcium 130 mg, hyaluronic acid 30 mg, magnesium 50 mg, vitamin E 50 mg, vitamin B6 10 mg, vitamin B15 mg, vitamin B2 5 mg, vitamin B9 600 mcg, vitamin D 30 mcg
- Best before:** 24 months from date of manufacture



ReHYDRO

BLACKCURRANT FLAVOR | 30 sachets



The ideal drinking regimen with blackcurrant flavor helps to replenish fluids and minerals lost through exertion and sweating. The product is suitable for daily use or for increased physical exertion as sports, work, excessive stress. Acacia fiber and malic acid support the digestion and peristalsis (movement) of the intestines. Suitable for athletes, as it contains no stimulants and has a low caloric value.

- Active substance:** Maltodextrin, acacia fiber, calcium citrate, magnesium citrate, sodium chloride, potassium chloride, vitamin C (L-ascorbic acid), vitamin E (dl-alpha-tocopheryl acetate)
- Contents:** 30 x 4,36 g
- In one serving:** Calcium 45 mg, magnesium 30 mg, sodium 24 mg, potassium 20 mg, vitamin C 70 mg, vitamin E 4 mg, acacia fiber 1000 mg
- Best before:** 24 months from date of manufacture



ReHYDRO

WATERMELON FLAVOR | POWDER

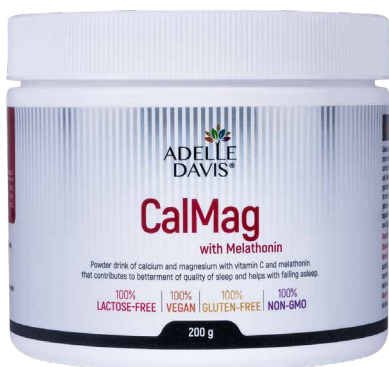
The ideal drinking regimen with blackcurrant flavor helps to replenish fluids and minerals lost through exertion and sweating. The product is suitable for daily use or for increased physical exertion as sports, work, excessive stress. Acacia fiber and malic acid support the digestion and peristalsis (movement) of the intestines. Suitable for athletes, as it contains no stimulants and has a low caloric value.

Active substance: Maltodextrin, acacia fiber, calcium citrate, magnesium citrate, sodium chloride, potassium chloride, vitamin C (L-ascorbic acid), vitamin E (dl-alpha-tocopheryl acetate)

Contents: 275 g / 50 daily servings

In one serving: Calcium 45 mg, magnesium 30 mg, sodium 24 mg, potassium 20 mg, vitamin C 70 mg, vitamin E 4 mg, acacia fiber 1000 mg

Best before: 24 months from date of manufacture



CALMAG WITH MELATHONIN

POWDER 200 G



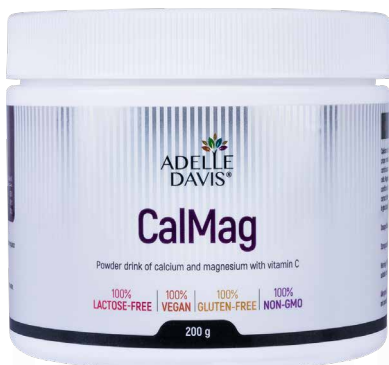
Magnesium is irreplaceable in a large number of biochemical processes, including the transmission of nerve impulses. Low magnesium levels can lead to cardiac arrhythmia, high blood pressure, headaches, migraines, sleep disorders, muscle cramps, as well as worsening of PMS symptoms. In combination with calcium it is vital for correct cell function, muscle contractions, transmission of nerve impulses and correct blood coagulation. Melatonin is the most important ingredient needed for good sleep quality and to fall asleep faster.

Active substance: Calcium gluconate, magnesium carbonate, L-ascorbic acid, melatonin

Contents: 200 g / 25 daily servings

In one serving: Calcium 500 mg, magnesium 250 mg, vitamin C 250 mg, melatonin 1 mg

Best before: 24 months from date of manufacture



CALMAG

POWDER 200 G



Magnesium is irreplaceable in a large number of biochemical processes, including the transmission of nerve impulses. Low magnesium levels can lead to cardiac arrhythmia, high blood pressure, headaches, migraines, sleep disorders, muscle cramps, as well as worsening of premenstrual syndrome. It is ideal in combination with calcium, which is essential for correct cell function, muscle contraction, transmission of nerve impulses and correct blood coagulation.

Active substance: Calcium gluconate, magnesium carbonate, L-ascorbic acid

Contents: 200 g / 25 daily servings

In one serving: Calcium 500 mg, magnesium 250 mg, vitamin C 250 mg

Best before: 24 months from date of manufacture



SUNFLOWER LECITHIN

POWDER 275 G



Lecithin is the body's inherent substance produced in our liver and it is one of the fundamental building materials of the cell membranes of all living organisms. It consists of several ingredients, such as linoleic acid, which helps maintain normal blood cholesterol levels. Lecithin can be found in important tissues, such as human brain tissue, liver, heart, muscle or nerve fibres in high concentrations.

Active substance: Sunflower lecithin containing 24% phosphatidylcholine

Contents: 275 g / 229 daily servings

In one serving: Sunflower lecithin 1000 mg – phosphatidylcholine 240 mg

Best before: 24 months from date of manufacture



OIL FORM



OMEGA 3 FROM SEAWEED

LIQUID 50 ML



Omega 3 fatty acids help maintain the correct level of cholesterol in the blood. They reduce the risk of cardiovascular diseases, support brain activity, improve memory and have anti-inflammatory effects. They are also important for pregnant and lactating women. DHA contributes to the normal development of the brain, nervous system and eyes of the fetus as well as in the early age of the child.

Active substance: seaweed oil (Schizochytrium sp.), MCT oil (medium-length triglycerides chain) from coconut kernels (Cocos nucifera), antioxidant: Vitamin E (DL-alpha-tocopheryl acetate), aroma: banana.

Contents: 50 ml / 33 daily servings

In one serving: Seaweed oil – DHA 450 mg

Best before: 12 months from date of manufacture





OMEGA 3 FROM SEAWEED JUNIOR

LIQUID 50 ML



Omega 3 contributes to the proper development of the brain and nervous system in the early age of the child. They support brain activity, improve memory and have anti-inflammatory effects.

Active substance: seaweed oil (Schizochytrium sp.), MCT oil (medium-length triglycerides chain) from coconut kernels (Cocos nucifera), antioxidant: Vitamin E (DL- α -tocopheryl acetate), aroma: banana.

Contents: 50 ml / 50 daily servings

In one serving: Seaweed oil – DHA 300 mg

Best before: 12 months from date of manufacture



MCT OIL C10-8

LIQUID 500 ML



MCT oil of 100% coconut origin, with a combination of 60–70% caprylic acid and 30–40% capric acid, is an efficient and fast source of energy for the brain and muscles. Thanks to its short metabolic pathway through the body, it does not burden the stomach. Consumption of MCT oil improves fat metabolism and ketosis and has a beneficial effect on physical and mental performance. It is broken down in the liver and can be used as a very fast source of energy without being stored as fat. It can lead to greater energy expenditure and assist in fat and weight loss.

Active substance: Caprylic acid C8, capric acid C10

In one serving: Caprylic acid C8 up to 70%, capric acid C10 up to 30%, lauric acid C12 up to 1%, caproic acid C6 up to 1%

Best before: 18 months from date of manufacture



MCT OIL C8

LIQUID 500 ML



MCT oil of 100% coconut origin, with a high content of caprylic acid (at least 96%), is an efficient and fast source of energy for the brain and muscles. Thanks to its short metabolic pathway through the body, it does not burden the stomach. Consumption of MCT oil improves fat metabolism and ketosis and has a beneficial effect on physical and mental performance, which makes it increasingly popular as an ingredient in various smoothies, desserts, coffee and other dishes.

Active substance: Caprylic acid C8

In one serving: Caprylic acid C8 at least 96%, capric acid C10 up to 2%, lauric acid C12 up to 1%, caproic acid C6 up to 1%

Best before: 18 months from date of manufacture

NEW

CONDROCOMPLEX

LIPOSOMAL JOINT NUTRITION

Liposomal nutritional supplement containing glucosamine sulfate, chondroitin sulfate, hyaluronic acid and MSM in liquid liposomal form. Glucosamine sulfate, chondroitin sulfate and hyaluronic acid are a natural part of the intercellular mass of cartilage, which contributes to the protection of the joint from wear and tear – MSM (methylsulfonylmethane) contributes to the reduction of inflammation – vitamin E contributes to the protection of cells from oxidative stress.



LET'S START TOGETHER

Adelle Davis was one of the most respected nutritionists in the USA in the 20th century. Her books sold over 10 million copies and helped shape America's eating habits. Based on Adelle Davis philosophy, our company produces exceptional nutritional supplements supported by an effective marketing strategy. We are rolling up partners network with the ambition to become global brand in next few years. Do not hesitate and join.



Contact us:
salesdirector@adelledavis.com

ADELLE DAVIS

The visionary and pioneer in a healthy dieting, advocated a healthy lifestyle and diet. She considered the consumption of natural, unprocessed foods and the appropriate supplementation of the necessary vitamins and minerals into the body to be the key to health. Adelle Davis will stay forever in history as ***“The first lady of healthy dieting”***, whose publications have become the basis for health. ***“We are much more than just what we eat. But what we eat can help us be much more than we are now.”***


Adelle Davis



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office@adelledavis.com | www.adelledavis.com

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